

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 Stretching/AM Exercise 10:30 Daily Chronicles2W/1E 12:00 Painting Class - Xmas Tree 2:00 Spa Mondays- Manicures and Aroma Therapy 2:45 Seated Bowling 4:00 Xmas Trivia	10:00 Stretching/AM Exercise 10:00-12:00 Decorating the Xmas Tree 2:00 Rudoph Ring Toss MDR 3:00 Movie of Choice /1.1Activities 4:00 Seated Ball Toss	10:00 Stretching/AM Exercise 10:30 Cooking Club No Bake Peppermint Pie 12:00 Music and Movement 2:00 Bingo- Full Board MDR 3:00 Residents Choice 4:00 Picture this Reminisce 2W 6:30 Card Game of Choice	10:00 Stretching/AM Exercise 10:30 Daily Chronicles 2W/1E 11:30 Take Out Lunch 2:00 Pokeno MDR 3:00 Deck the Halls 4:00 Movie of choice/1.1 Activities 5:00 Tabletop Activities	10:00 Stretching/ AM Exercise 10:30 Craft Corner- Build a Snowman MDR 2:00 Ugly Xmas Hat Decoration Contest 3:00 Catholic Communion MDR 4:00 Movie of Choice/1.1 Activities MDR 4:45 Table Game of Choice 6:00 Social Hour 12 Days of Xmas	10:00 Balloon Volley ball w Daily Chronicles 2E 10:30 Finish the song title 2E 11:00 Residents Choice 2W 11:30 Name 10 2W 2:00 Roll and Share Stories2E 2:00 Gaithersburg Classics Ch51 3:00 Roll and share 2W 4:00 Hello Dolly a movie Ch 51
10:00 Ball Toss 2 E 10:30 Puzzles/matching tactile 2E 11:30 Sensory/ Aroma Therapy 2:00 Picture Bingo 2E 3:00 Residents Choice 3:30 Virtual Catholic Mass Ch51 4:00 Art to Color 2W 5:00 Residents Choice	10:00 Stretching//AM Exercise 10:30 Categories word game 2E/1E 11:00 Wrapping Xmas Boxes MDR 11:30 Word Search Puzzles2W/1E 12:00 Lake views relax video 2.00 Making Soap Bars for Xmas Gifts 3:00 Social Hour 4:00 Tabletop Activities 12 Days of Xmas	10:00 Stretching/AM Exercise 10:30 Chair Yoga MDR 11:30 Xmas Pictionary 12:30 Candy cane Scavenger hunt 1:00 Xmas Ornament Decorating MDR 2:30 Resident Council MDR 3:30 Sensory Sewing 5:00-8 Outdoor Trip- Turtle Back Zoo Xmas Light Show 12 Days of Xmas	10:00 Stretching/AM Exercise 10:30 Current Events 11:30 Cooking Club Pretzel Wreaths 12:00 Elves Bowling 2:00 Bingo- Letters X, L & C MDR 3:00 Making Xmas Candles 4:00 Social Hour 5:00 Picture this- Reminisce 2W 6:30 Watercolor Art 12 Days of Xmas	10:00 Stretching/AM Exercise 10:30 Daily Chronicles 11:00 Spelling bee holiday MDR 12:00 Simon Says Challenge MDR 2:00 Ring Toss Teams 3:00 Coastal Relaxing Video Ch51 4:00 Movie of Choice/1.1 Activities 5:00 Tabletop Activities 12 Days of Xmas	10:00 Stretching/AM Exercise 11:00 Current Events 11:30 Toasting Smores-MDW 2:00 Xmas Karaoke Fridays -MDW 4:00 Residents choice 4:45 Ice Breaker Hour 6:00 Family Game Night -Hangman 12 Days of Xmas	10:00 Balloon Volleyball w Daily Chronicles 2E 10:30 Would you rather 2E 11:00 Residents Choice 2W 11:30 bean bag toss 2:00 Roll and Share Stories 2E 2:00 Gather Classics Ch51 3:00 Roll and Share Stories2W 4:00 Legal Eagles Movies C 51
10:00 Ball Toss 2E 10:30 Puzzle/matching tactile 2E 11:00 Puzzles/tactile 2W 11:30 Sewing Cards tactile 2W 2:00 Picture Bingo 3:00 Residents Choice 3:30 Virtual Catholic Mass Ch 51 4:00 Art to Color 2 East 5:00 Moonstruck movie 51 Hanukkah Begins	10:00 Stretching/AM Exercise 10:30 Current Events 11:00 Craft Corner- Light the Menorah 2:00 Gingerbread House Decorating Contest 3:00 Spa Mondays- Manicures and Aroma therapy 4:00 Tabletop Activities 12 Days of Xmas	10:00 Stretching/AM Exercise 10:30 Daily Chronicles 11:00 Creating Xmas Cards 12:30 You be the Judge 2:00 Xmas Party w Deb MDR 3:30 Tabletop Activities 4:00 Social Hour 12 Days of Xmas	10:00 Stretching/ AM Exercise 10:30 Daily Chronicles 11:00 The taste of Hanukkah -Latkes & Applesauce 2:00 Prize Bingo- 2 Boards MDR 4:00 Xmas Movies Marathon/1.1 Activities MDR 6:00 Women's Club- Favorite Xmas Gifts 12 Days of Xmas	10:00 Stretching/AM Exercise 10:30 Current Events 11:00 Use Your Senses Game 12:00 Lunchtime Music- Xmas Music 2:00 Catholic Rosary MDR 3:00 Thirsty Thursday Drink-Jello Shots 4:00 Twister toss 2E 5:00 Tabletop Activities 12 Days of Xmas	10:00 Stretching/AM Exercise 10:30 Making Xmas Muffins- Residents Choice of Toppings 12:00 Music Trivia- The 60s Xmas music 2:00 Xmas Carols Karaoke Fridays- MDR 4:00 Movie of choice/1.1 Activities 5:30-6 Family Game Night- 7 up 12 Days of Xmas	10:00 Balloon Volley ball w Daily Chronicles 10:30 Finish the phrase 2W 11:00 Residents Choice 2W 11:30 Corn hole toss 2W 2:00 Gaither classis Ch51 3:00 Roll and share stories2E 4:00 Dean Martin Ch 51
10:00 Ball Toss 2E 10:30 Puzzles/ tactile 2W 11:00 Table top Activities 2:30 Christian Service w Scott 3:30 Virtual Catholic Mass Ch 51 5:00 Leave it to Beaver Ch51 Winter Begins	10:00 Stretching/AM Exercise 10:30 Daily Chronicle 11:00 Design your own Xmas Card 12:00 Lunch time music- Classical 2:00 Spa Mondays- Manicures and Aroma Therapy 3:00 Social Hour 4:00 Tabletop Activities 12 Days of Xmas	10:00 Stretching/AM Exercise 10:30 Current Events 11:00 Cooking Club- Residents Choice MDR 12:00 Soft Rock Music Channel 51 2:00 Vision Board Social w snacks- MDR 3:00 Card Game of Choice MDR 4:00 Social Hour 12 Days of Xmas	10:00 Stretching/AM Exercise 10:30 Cooking Club- Gingerbread man cookie decorate 11:00 Residents Choice 12:00 Table Tennis 2:00 PJs w Movie & Hot Coco MDR 5:15 Social Hour 6 :30 Men's Club- Best Jobs 12 Days of Xmas	10:00 Stretching/AM Exercise 10:30 Daily Chronicles 11:00 Visits from the Grentch 2:00 PJ s and Xmas Movie /1.1 Activities 3:30 Residents Choice 4:00 Tabletop Activities 5:00 Social Hour Christmas	10:00 Stretching/AM Exercise 10:30 Daily Chronicles 11:00 Pictionary 12:00 Light the Kinara 2:00 Karaoke Fridays- MDR 4:00 Movie of choice/1.1 Activities 5:30-6 Family Game Night- Connect 4 Boxing Day (Canada) Kwanzaa Begins	10:00 Balloon Volley ball w Daily Chronicles 10:30 Finish the Phrase 2E 11:00 Residents Choice 2W 11:30 Balloon Volley 2W 2:00 Roll and Share Stories 2E 3:00 Tabletop Activities 4:00 Petticoat junction shows Ch51
10:00 Ball Toss 2E 10:30 Current Events 11:00 Tabletop Activities 11:30 Sewing Cards tactile 2W 2:30 Christian Services w Beaulia 3:30 Virtual Catholic Mass Ch51 4:00 Art to Color 2E 5:00 Leave it to Beaver Ch51	10:00 Stretching/AM Exercise 10:30 Current Events 11:30 Spelling bee New Years Food 12:00 Residents Choice 2:00 Spa Mondays- Manicures and Aroma Therapy 3:00 Movie of Choice/1.1 Activities 4:00 Social Hour	10:00 Stretches/AM Exercise 10:30 Daily Chronicle 11:30 Taco Tuesday 12:00 Word Search 2:00 Teams Bowling MDR 3:00 Name that Tune 4:30 Tabletop Games	10:00 Stretches/AM Exercise 10:30 Current Events 11:30 New Years Resolutions 12:00 Card Game of Choice 2:00 NYE Party w Mike & Champagne MDR 3:00-4 Social Hour 5:30 Residents Choice New Year's Eve	<div> <div>December 2025</div> <div>2025</div>  </div>		