

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				10:00 Stretching/AM Exercise 10:30 Daily Chronicles 2W/1E 11:30 New Years Parade 2:00 Pokeno MDR 3:00 Art 101 (Flowers) 4:00 New Years Movie it's a wonderful life/1.1 Activities 5:00 Tabletop Activities	2 10:00 Stretching/ AM Exercise 10:30 Daily Chronicles 2:00 Craft Corner- Lets Build a Snowman MDR 3:00 Catholic Communion 4:00 Movie of Choice/1.1 Activities MDR 4:45 Table Game of Choice 6:00 Social Hour	3 10:00 Balloon Volley ball w Daily Chronicles 2E 10:30 Finish the song title 2E 11:00 Residents Choice 2W 11:30 Name 10 2W 2:00 Roll and Share Stories2E 2:00 Gaithersburg Classics Ch51 3:00 Roll and share 2W 4:00 Hello Dolly a movie Ch 51
4 10:00 Ball Toss 2 E 10:30 Puzzles/matching tactile 2E 11:30 Sensory/ Aroma Therapy 2:00 Picture Bingo 2E 3:00 Residents Choice 3:30 Virtual Catholic Mass Ch51 4:00 Art to Color 2W 5:00 Residents Choice	5 10:00 Stretching/AM Exercise 10:30 Daily Chronicles2W/1E 12:00 Tic Tac Toe 2:00 Gingerbread house contest MDR 2:45 Trivia - 60s Hits! 4:00 Social Hour	6 10:00 Stretching/AM Exercise 10:00 Current Events 12:00 Tabletop games 2:45 Music Therapy w Margie MDR 4:00 Sculpting Hour MDR	7 10:00 Stretching/AM Exercise 10:30 Current Events 12:00 Music and Movement 2:00 Bingo- Full Board MDR 3:00 Residents Choice 4:00 Picture this Reminisce 2W 6:30 Card Game of Choice	8 10:00 Stretching/AM Exercise 10:30 Daily Chronicles 11:00 Spelling Bee Staff Names MDR 12:00 Simon Says Challenge MDR 2:00 Book Club- Drama MDR 3:00 Coastal Relaxing Video Ch51 4:00 Movie of Choice/1.1 activities	9 10:00 Stretching/AM Exercise 11:00 Current Events 11:30 Toasting Smores MDR 2:00 Karaoke w Jackie 4:00 Residents choice 4:45 Ice Breaker Hour 6:00 Family Game Night - Hangman	10 10:00 Balloon Volleyball w Daily Chronicles 2E 10:30 Would you rather 2E 11:00 Residents Choice 2W 11:30 bean bag toss 2:00 Roll and Share Stories 2E 2:00 Remanence Saturdays 3:00 Roll and Share Stories2W 4:00 Legal Eagles Movies C 51
11 10:00 Ball Toss 2E 10:30 Puzzle/matching tactile 2E 11:00 Puzzles/tactile 2W 11:30 Sewing Cards tactile 2W 2:00 Picture Bingo 2:30 Christian Service w Scott 3:30 Virtual Catholic Mass Ch 51 4:00 Art to Color 2 East 5:00 Movie of Choice51	12 10:00 Stretching//AM Exercise 10:30 Categories word game 2E/1E 11:00 Mocktail Mondays - Margaritas 11:30 Word Search Puzzles2W/1E 12:00 Lake views relax video 2.00 Spa Mondays- Manicures 3:00 Social Hour 4:00 Tabletop Activities	13 10:00 Stretching/AM Exercise 10:30 Chair Yoga MDR 11:30 Take Out Tuesday- Chinese 12:30 Making Soap Bars MDR 1:00 Movie of Choice/1.1 Activities 2:00 Music w Mike MDR 3:30 Sensory Sewing 4:00 Late Mantee	14 10:00 Stretching/AM Exercise 10:30 Current Events 11:30 Cooking Club Build Your Own Salad 12:00 Bowling Teams 2:00 Bingo- Letters X, L & C MDR 3:00 Making Candles 4:00 Social Hour 5:00 Picture this- Reminisce 2W 6:30 Watercolor Art	15 10:00 Stretching/AM Exercise 10:30 Current Events 11:00 Use Your Senses Game 12:00 Lunchtime Music-classical 2:00 Music w Deb MDR 3:00 Thirsty Thursday - Making Jello Shots MDR 4:00 Twister toss 2E 5:00 Tabletop Activities	16 10:00 Stretching/AM Exercise 10:30 Current Events 12:00 Music Trivia- The 50s music 2:00 Karaoke Fridays- MDR 4:00 Movie of choice/1.1 Activities 5:30-6 Family Game Night- Bean Bag Toss Beauty Salon	17 10:00 Balloon Volleyball w Daily Chronicles 10:30 Finish the phrase 2W 11:00 Residents Choice 2W 11:30 Corn hole toss 2W 2:00 Gaithersburg classis Ch51 3:00 Roll and share stories2E 4:00 Dean Martin Ch 51
18 10:00 Ball Toss 2E 10:30 Puzzles/ tactile 2W 11:00 Tabletop Activities 2:30 Art to Color 2E 3:30 Virtual Catholic Mass Ch 51 5:00 Leave it to Beaver Ch51	19 10:00 Stretching/AM Exercise 10:30 Current Events 11:00 Lunch Time Music- 80s hits! 2:00 Creating I have a dream Tee Shirts 3:00 Spa Mondays- Manicures and Aroma therapy 4:00 Music Hour Martin Luther Day	20 10:00 Stretching/AM Exercise 10:30 Daily Chronicles 11:00 Build your cheese board 12:30 You be the Judge 2:45 B- Day celebration w Margie MDR 3:30 Tabletop Activities 4:00 Social Hour	21 10:00 Stretching/ AM Exercise 10:30 Daily Chronicles 11:00 Residents Choice 2:00 Prize Bingo- 2 Boards MDR 4:00 Flower Arrangements MDR 6:00 Women's Club- To Wear Makeup or not?	22 10:00 Stretching/AM Exercise 10:30 Daily Chronicles 11:00 Sip & Board Games MDR 2:00 Catholic Rosary 3:30 Residents Choice 4:00 Tabletop Activities 5:00 Social Hour	23 10:00 Stretching/AM Exercise 10:30 Daily Chronicles 11:00 Pictionary 12:00 Use Your Senses 2:00 Karaoke Fridays- MDR 4:00 Movie of choice/1.1 Activities 5:30-6 Family Game Night- Connect 4	24 10:00 Balloon Volley ball w Daily Chronicles 10:30 Finish the Phrase 2E 11:00 Residents Choice 2W 11:30 Balloon Volley 2W 2:00 Roll and Share Stories 2E 3:00 Tabletop Activities 4:00 Petticoat junction shows Ch51
25 10:00 Ball Toss 2E 10:30 Current Events 11:00 Tabletop Activities 11:30 Sewing Cards tactile 2W 2:30 Christian Services w Beaulia 3:30 Virtual Catholic Mass Ch51 4:00 Art to Color 2E 5:00 Leave it to Beaver Ch51	26 10:00 Stretching/AM Exercise 10:30 Daily Chronicle 11:00 Residents Choice 12:00 Lunch time music- Soft Rock 2:00 Spa Mondays- Manicures and Aroma Therapy 3:00 Social Hour 4:00 Tabletop Activities	27 10:00 Stretching/AM Exercise 10:30 Current Events 11:00 Cooking Club- Taco Tuesday MDR 12:00 Soft Rock Music Channel 51 2:00 Vision Board Social w snacks- MDR 3:00 Card Game of Choice MDR 4:00 Social Hour	28 10:00 Stretching/AM Exercise 10:30 Cooking Club- Muffins 11:00 Residents Choice 12:00 Table Tennis 2:30 Residents Council 5:15 Social Hour 6 :30 Men's Club- Dirtiest Jobs	29 10:00 Stretching/AM Exercise 10:30 Daily Chronicles 12:00 Travel to 3 Countries in a hour 2:00 Movie of Choice/1.1 Activities MDR 4:00 Simon Says Challenge 5:00 Social Hour	30 10:00 Stretching/AM Exercise 10:30 Daily Chronicles 11:00 Baking Cookies MDR 12:00 Music Trivia Soul music 2:00 Texas Holdom MDR 4:00 Movie of Choice/1.1 Activities 5:30-6 Family Game Night Pictionary	31 10:00 Balloon Vollet ball w Daily Chronicle 11:00 Current Events 11:30 Finish the lyrics 2:00 Tabletop activities 3:00 Roll and Share stories 4:00 Residents Choice